

BIRD FLU WHAT TO DO: Prepare To Survive

By Verona Fonté, Ph.D.

Available online as an e-book for English speakers living abroad

www.birdfluwhattodo.com

If you are living abroad it's important to know what you would do!

This book is not fear based and aims to normalize disaster preparation. It details how individuals, neighborhoods, and communities can prepare for natural disasters, focusing on a potential pandemic. It is a concise, yet comprehensive book that covers food/water storage, special needs of those unable to care for themselves, neighborhood and community organization, caring for the ill at home, and safety/security issues at home. The book consolidates resources available to the public and goes beyond what is accessible to the ordinary citizen with contributions from experts in diverse fields. Whether or not a pandemic strikes, disaster preparation should be something we all “just do.”

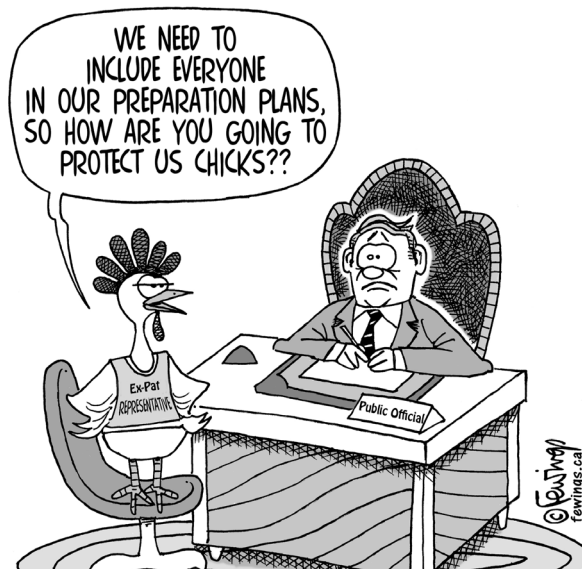
Bird Flu What to Do: Prepare To Survive

has received impressive endorsements:

E.R. Anderson, M.D., former C.E.O. of the American Medical Association;
Daniel Ellsberg, Ph.D. activist and author;
Leonard Duhl, M.D. Professor Emeritus of Public Health, U.C. Berkeley; and
Joshua Lichterman, Ph.D., an Emergency-Management Consultant.

And has contributions in vital areas from:

Gratton Woodson, M.D.; **Joan Halifax, Ph.D.**;
Ted Mohns, M.D., **Joshua Licterman, Ph.D.**
and **Kathaleen Johnson, M.S.**



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